



Transport

Please contact our staff to discuss transport and parking options.

Access

Lift access to department and disabled toilets available



Outpatient Rehabilitation
Geelong Private Medical Centre
Suite 6, Level 2, 73 Little Ryrie Street
Geelong VIC 3220

Phone: 03 5226 1812 | Fax: 03 5226 1815

www.geelongprivatehospital.com.au



Geelong
PRIVATE HOSPITAL

Living with Parkinson's



Outpatient Rehabilitation Program

Parkinson's affects people in many and varied ways, ranging from changes in posture, walking, balance and movement. Further changes may also include handwriting, fine motor control, speech & swallowing. Non motor features may also be present including changes to mood, thinking processes, memory, bladder & bowel control and fatigue. Living with these changes can be challenging. This program aims to equip you with the tools and knowledge to help you manage the symptoms of the disease; freeing you up to make the most your life.

Staffing

At Geelong Private Hospital we have a very experienced and cohesive team consisting of a Physiotherapist, an Occupational Therapist, and a Speech Pathologist, overseen by Geriatrician Dr Alastair Mander.

We have the option to include additional team members - Social Worker, Dietitian or Nurse as required.

We will liaise with your regular GP and specialist, to provide an integrated approach to your health management.

Program Structure

Individualised sessions to address your specific needs may include a combination of education, support, exercise & practice of techniques.

Family members/carers are welcome to accompany the client to all appointments.

A thorough initial assessment is conducted for all patients at the commencement of the program and an individualised rehabilitation plan formulated.

A referral from your GP is required.

Cost

- All referrals are subject to a health fund check. prior to commencing the Rehabilitation program.
- You will be informed of any out of pocket expenses prior to your initial appointment.
- We have agreements with private health funds, DVA, Workcover and TAC to provide inpatient and outpatient rehabilitation programs.

Inpatient program

If required, an Inpatient Parkinson's Rehabilitation Program is also available. This provides scope for more intensive therapy, and close monitoring of the impact of medication changes. A typical inpatient stay is for 2-3 weeks.

Other useful contacts

Parkinson's Victoria

Freecall 1800 644 189

www.ParkInsonsvlc.org.au

Carers Victoria

Freecall 1800 242 636

www.carersvlc.org.au

Commonwealth Carer

Respite Centre

Freecall 1800 059 059

Ph: 5260 3501 (Newcomb)

